Mission Statement

SURVIVORS of Torture, International exists to:
- be a healing resource for survivors of torture and their families;
- raise awareness among the general public and educate the professional communities about torture; and
- be an instrument to end torture.

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Celebration of Hope and Healing

USD's Joan B. Kroc Institute for Peace & Justice
5998 Alcala Park, San Diego, CA 92110
Sunday, February 26, 2006
2 p.m. - 5 p.m.
Cost: $50

You're invited to Survivors of Torture, International's 9th Birthday Celebration of Hope and Healing. This year's event features a powerful performance of "I Have Before Me a Remarkable Document Given to Me by a Young Lady from Rwanda," a play about a torture survivor performed by local professional actors. The play will be followed by a reception featuring San Diego's finest chocolate and cabernet.

SURVIVORS' only public fundraiser of the year, Celebration of Hope and Healing, benefits survivors of politically-motivated torture living in San Diego County. The full amount (100%) of the ticket price goes directly toward programs that help these vulnerable new Americans to heal and become self-sufficient and healthy members of our community.

Seating is limited. Please RSVP using the flyer inserted in this newsletter, by calling 619-278-2400, or by going to our website at www.notorture.org. We hope you will join us for this exciting event.

Words from the Co-Chair

A sign in my office reads: "Art is not a mirror held up to reality but a hammer with which to shape it." (Bertolt Brecht) We invite you to test this claim out on February 26.

The art form is theater. The name of the play is long: "I Have Before Me a Remarkable Document Given to Me by a Young Lady from Rwanda." It is based on a true story — or more correctly, many stories — about a woman who experienced torture and genocide in her home country of Rwanda. It is not about torture, however. It is about healing — the same focus as that of our organization. It is also about those who want to help. It does what good theater does — takes you into the life of characters you might otherwise never meet and into places you might otherwise never go. Yet after seeing the play, you, like me, might say of the lead character, Juliet, "Oh, yes, I do know that person. I was talking to her in the supermarket line just yesterday."

We at SURVIVORS find ourselves in a very unusual situation. We and the survivors of torture we serve have such powerful stories to tell. Stories of remarkable courage and strength in the face of evils unimaginable to most of us. Stories of healing that happen in settings as
BOARD BIDS GOODBYE TO TWO MEMBERS

Dee Aker, Ph.D. and Andrea Guerrero, Esq., recently resigned from SURVIVORS' board of directors. Both served dedicatedly for two and a half years.

Dee brought to SURVIVORS a wealth of experience in human rights, conflict resolution, education, and journalism. After earning a Ph.D. in anthropology and psychology, Dee went on to do fascinating work in many parts of the world. Currently she is the deputy director of the Joan B. Kroc Institute for Peace & Justice at the University of San Diego. At IPJ, Dee serves as director of the Women PeaceMakers Program. She also created WorldLink, an IPJ program that connects youth to global issues. Dee has helped to strengthen SURVIVORS' connections to IPJ, the media, and the entire San Diego human rights community. As a result, SURVIVORS now educates the San Diego community more effectively on torture issues and raises more funds locally for its healing work.

Andrea is an attorney who specializes in complex immigration cases. A founding partner of Guerrero Jacobs and Schlesinger LLP, she represents political asylum applicants who are survivors of torture. Andrea enjoys writing and is the author of Silence at Border Hall: The Dismantling of Affirmative Action. During her time on SURVIVORS' board, Andrea chaired its Fund Development and Communications Committee, gained more support for SURVIVORS' mission from San Diego's legal community, kept the board's policies current by analyzing recent decisions in U.S. immigration courts, and explaining their relevance to SURVIVORS' mission and became a joyful new mother.

Both Dee and Andrea resigned reluctantly from SURVIVORS' board because of increased responsibilities in other spheres of their lives. They will continue to be special friends of SURVIVORS. Thank you so much, Dee and Andrea, and good luck in the other wonderful work that you do.

Welcome Maricar

SURVIVORS is happy to welcome a new human resources intern, Maricar Enriquez. Maricar has 10 years of professional experience and a bachelor's degree in international business from SDSU. Maricar was born in the Philippines and has studied in Portugal, but she said that she is now a San Diegan for life.

Prior to accepting this position with SURVIVORS, Maricar worked in the immigration department for the International Rescue Committee. Her exposure to the IRC and SURVIVORS caused her to think about new career options. "I wasn't sure before, but now I think I might like to stay in nonprofit organizations long-term," she said.

"I'm really thinking about it more."

We are excited for Maricar to improve our human resources functions and, equally importantly, to share with us some of her legendary Filipino cooking!

Welcome David

David Mosley joined SURVIVORS in November 2005 as the new development director. For the past five years, he has been working in the area of nonprofit grant writing, fundraising, development and communications.

David is excited to join SURVIVORS and looks forward to working hard to maintain and diversify funding for SURVIVORS' core programming, as well as reaching out to new supporters and building a higher profile for SURVIVORS' mission and work in San Diego County.
Amnesty International Honors Kathi Anderson at the Annual Walk for Human Rights

Every year, the Oceanside chapter of Amnesty International gathers for a Candlelight Walk for Human Rights. More than 200 people gathered for the walk in 2005, which had the theme "Stop Torture Now!"

After three local torture survivors told their stories and explained the importance of activism and education to the crowd, representatives from Amnesty praised SURVIVORS' executive director, Kathi Anderson, for her work. They presented her with the Digno Oehos Award, an honor named for a Mexican human rights lawyer who died in 2001.

Upon receiving the award, Kathi gave a short speech and led the crowd in a powerful chant of "Stop Torture Now!" Each participant then received a candle and the name of a prisoner who has been tortured or who was in danger of being tortured. Amnesty's leaders encouraged participants to write letters of appeal on behalf of the prisoners and to continue to pay attention to torture in the news.

More information about Amnesty's efforts to stop torture can be found at the organization's web site: www.amnestyusa.org/stop_torture.

Director's Reflections
Kathi Anderson, Executive Director

I'd like to begin my message with a heartfelt thank you to all of you who last year advocated to end the practice of torture as well as to support the need for treatment for survivors of torture. Our collective efforts are highlighted below.

In December, Congress approved a ban on all forms of cruel, inhuman or degrading treatment by United States interrogators anywhere in the world. This new law was sponsored by Senator John McCain and was supported by 90 senators and more than 300 members of the House of Representatives. As we move into 2006, the challenge for all of us will be to help ensure that this new legal standard is applied in practice. Thank you to Senators Boxer and Feinstein and Representatives Davis, Filner and Issa for supporting the McCain Amendment.

Also in December, members of the House of Representatives and the Senate approved the Torture Victims Relief Reauthorization Act of 2005 (HR 2017). It authorizes:

- $25 million for domestic treatment programs through the Office of Refugee Resettlement for both fiscal years (FY) 2006 and 2007;
- $12 million for FY 2006 and $13 million for FY 2007 for foreign treatment centers through the Agency for International Development;

In past years, the legislators have not fully appropriated at these levels. We will need to advocate in 2006 for full appropriations.

Locally, the San Diego County Board of Supervisors unanimously approved the Community Services and Supports Plan submitted by the San Diego Mental Health Services Administration as part of the Mental Health Services Act. This plan includes "services to victims of trauma or torture" at the annual funding level of $194,000 for fiscal years 2006 and 2007. After the state of California has approved the plan, the county will issue a request for proposal for which Survivors of Torture, International will bid.

In these and other aspects of our work, your continued interest, involvement and support have been and continue to be crucial to our success. Again, thank you.

SURVIVORS Shows PBS Investigative Special about Torture

In November, SURVIVORS hosted a screening of the PBS Frontline report, "The Torture Question" at the Institute for Peace & Justice. More than 100 students, teachers and community members came to see the show and to hear comments from two scholars, William J. Aceves and Justice Richard J. Goldstone.

The two scholars bring extensive legal and international experience to the post-show discussion. Aceves is a professor of law and director of the International Legal Studies Program at California Western School of Law. He was the principal author of the Amnesty International USA report on torture and impunity in the United States titled "United States of America: A Safe Haven for Torturers." Justice Goldstone is an emeritus leader in residence at the Institute for Peace & Justice. He served as a justice of the Constitutional Court of South Africa and as the chief prosecutor of the U.N. International Criminal Tribunals for Rwanda and the former Yugoslavia.

The show sparked discussion and debate among audience members, some of whom were Army and Navy veterans who felt closely tied to the topic. Aceves and Goldstone explained to the audience why international laws prohibit torture and why the United States can never legally or morally condone torture — regardless of whether or not the nation passes legislation that explicitly prohibits inhumane treatment of detainees.

UCSD student Paul Schon said that he enjoyed the screening and that Survivors should continue to promote it and show it in different venues. "I thought the movie was shocking and unexpected," said Schon, a volunteer who helped Survivors promote the film at area universities. "Incidents like those don't reach the public that often, and the public has to get informed."

If you would like to schedule a screening of "The Torture Question" for your class or organization, please e-mail Mareen at mdougherty@notorture.org or call 619-278-2416.
Introducing Our New Counseling Interns

We have two new master's level counseling interns who are being trained and supervised by Associate Clinical Director Crystal Green. Dawn Stary and Gina Llerena will be with us during the spring semester and possibly through the summer. Interns receive valuable experience and training that will help them gain hours toward graduation requirements, and SURVIVORS benefits from an increased capacity to provide competent care for clients in need.

Dawn is a University of San Diego (USD) student in pastoral care and counseling and will be completing her program in May 2006. She has been involved in service-related trips to Guatemala, El Salvador, the Dominican Republic, Belize, Tijuana, and many cities in the United States. "I am thrilled to have the opportunity to work with Survivors of Torture, International," she said. Dawn came highly recommended by her USD professor, Dr. Ellen Colangelo, who serves on the board of directors of our partner agency, Casa Cornelia Law Center.

Gina is a student in the Community-Based Block (CBB) program at San Diego State University. Gina works full time as a financial aid administrator at Grossmont Community College in El Cajon. She brings all of her interview skills with her, as well as fluency in Spanish. Gina honed her cross-cultural awareness as a multi-cultural counselor through the CBB program and by studying in Chile and Brazil. She will counsel our asylum-seeking clients by providing support and information during the long process from application to final granting of asylum.

Girl Scouts Lead Fourth Annual Blanket Drive

SURVIVORS would like to thank members of the Girl Scout Troop 6121 for organizing a blanket drive at their elementary school, Glenn E. Murdock Elementary in La Mesa. After creating flyers, decorating boxes and advertising the drive around their school, the girls were able to fill an entire car with donated blankets! We thank Amelia Francis, Ariel Cohen, Joni Sorenson, Cori Horns, Kate Jamison, Melissa Salovey, Rachel Minter, Julie Seely and Jordi Tizodeski.

Change a Life Foundation Helps Torture Survivors One at a Time

Since August of 2005, a unique California foundation has made a difference in the lives of dozens of torture survivors. The Change a Life Foundation works with nonprofit organizations to identify individuals who are in urgent need of support. The foundation then provides funding for critically-needed services that promote an individual's self-sufficiency and improve his or her quality of life. This individualized, direct-service philosophy of the foundation allows forms of support not always possible from other funding sources.

By selecting SURVIVORS as a grant recipient, the foundation is helping torture survivors receive medical care, pain treatments, prescriptions, psychiatric services and transportation that would not have been available otherwise.

We are grateful to the anonymous founder of the Change a Life Foundation, who continues to take strong personal interest in the lives of the beneficiaries. We also thank the foundation staff - Lisa Fujimoto, executive director and Anne-Marie Schaefer, program coordinator - whose eagerness to learn about and support SURVIVORS' work made this collaboration possible.

SURVIVORS Thanks Elaine Bertram and Welcomes Duncan Smith

If someone were to write the history of SURVIVORS, Elaine Bertram would figure prominently in the developmental years. A licensed social worker, Elaine was part of the original core of providers who conducted psychological assessments for asylum seekers and prepared affidavits for the immigration court. As such, she played a key role in helping dozens of torture survivors find safety in the United States and in building the visibility and credibility of the newly-founded organization. She also hosted the monthly clinical meetings in her office when the organization was headquartered in the executive director's home.

Elaine took on another pioneering role in early 2002 when SURVIVORS began our in-house psychiatric services. As the psychiatrist support contractor, Elaine scheduled appointments, reminded clients of their appointments, arranged or provided rides to clients who had no transportation, scheduled interpreters, followed up on missed appointments, fielded calls regarding clinical concerns and became the trusted confidant of dozens of torture survivors for more than three years. Her compassion, dedication and persistence have been central to the success of this program.

Elaine's retirement from work with SURVIVORS was marked by a festive potluck luncheon at our office in August 2005. Shortly thereafter, we were fortunate to meet Duncan Smith who is now volunteering in the psychiatric support role.

Duncan worked for many years as a professor of German and director of international programs at Brown University, where he pioneered an exchange program with what was then East Germany. Duncan dramatically diversified his professional life by earning a master's degree in social work in 1994. Thereafter, he worked in a variety of settings dealing with teenagers and adults with substance abuse problems, family problems, mood and behavioral disorders and recovery from trauma. Duncan moved to San Diego in 2004 with his wife Lynda Brecqom, program director at the New Americans Immigration Museum and Learning Center. We are pleased to welcome Duncan and add his skills and energy to our clinical program.

Join the Healing Trust

The Healing Trust is a group of visionary people committed to the healing of torture survivors in San Diego. They make a commitment to contribute regularly to SURVIVORS, giving SURVIVORS assurance of a consistent flow of donations. These ongoing contributions create a dependable foundation that allows SURVIVORS to continue to provide torture survivors with the resources to heal, to raise awareness in the general public about this hidden community, and to be an instrument to end torture. Healing Trust members believe in SURVIVORS' mission and want to offer hope and the chance to heal to survivors of torture.

You can make compassion your practice and join the Healing Trust. As a Healing Trust member, you could receive periodic e-mail articles on the trauma and treatment of torture survivors.

To join the Healing Trust, return the enclosed contribution envelope indicating the amount of your monthly contribution and your MasterCard or Visa credit card information, or call Alexey Kirillov at (619) 278-2406 to arrange for an electronic transfer that would directly debit contributions from your checking account.
SURVIVORS Provides Clinical Training to Mexican NGOs

Survivors of Torture, International has been awarded a grant through Freedom House to continue our work supporting torture treatment and prevention in Mexico. In the current project, running from October 2005 through April 2006, SURVIVORS staff is providing consultation and technical assistance to build clinical capacity in four selected Mexican nongovernmental organizations.

The organizations:

- CEFPRODHAC, located in Reynosa, Tamaulipas, has a wide range of human rights programs including documentation, denunciation and treatment of torture cases.
- CEDIMAC, in Ciudad Juarez, Chihuahua, focuses its work on helping the families of the young women who have been tortured and murdered there in a continuing wave of human rights abuses since the early 1990s.
- ACAT, in Mexico City, the only NGO in Mexico devoted exclusively to identifying and denouncing cases of torture provides legal and psychological support to survivors of torture.
- Sin Fronteiras, also in Mexico City, provides holistic services to refugees, including torture survivors.

SURVIVORS' staff members, David Gangseli and Beatriz Ledezma, are implementing this project through a series of three visits to each of the NGOs. Their work includes enhancing clinical skills in identifying and treating torture survivors, strengthening partnerships with healthcare providers and institutions, improving internal documentation, and creating/expandng programs of self-care and mutual support for staff members.

Join SURVIVORS' Team of Volunteers

SURVIVORS is a small nonprofit with a big mission, so volunteers are an essential element of our success. There are many opportunities if you are interested in lending your time and talents to SURVIVORS' mission and becoming part of our community. Our core volunteer programs include:

- **Volunteer Driving:** Volunteer drivers allow SURVIVORS' clients to keep essential appointments for counseling, medical care and other social services. Most of these appointments occur during business hours.
- **Friendship Circle/Befriender:** Volunteer befrienders provide social support to SURVIVORS' clients. The goals of the program are: 1) to empower clients to live independently in their new communities and 2) to build awareness about survivors and give community members an opportunity to address their needs. We ask befrienders to make a commitment of six to eight hours a month for six months.
- **Volunteer Receptionist:** Volunteer receptionists help maintain the efficient working of SURVIVORS' office by staffing the front desk, answering the phone, greeting clients and helping with clerical tasks. The recommended time commitment is a minimum of four hours per week, between 8:00 a.m. and 5:00 p.m., Monday through Friday.
- **Other Opportunities:**
  1. Newsletter Folding Party: Every three months, SURVIVORS' supporters gather to prepare more than 4,000 newsletters for mailing. It's always fun, and socializing!
  2. Promotions and Events: The details of these events change from year to year, but we always need volunteers to make phone calls, set up tables, arrange food, distribute handouts and assist with other miscellaneous tasks.

Each person who gives his or her time to this work widens our community of healing and helps us accomplish our mission. If you are interested in volunteering for any of these positions, or have ideas about other ways you might fit into our organization, please contact Kelly at (619) 278-2401 or krudig@motorture.org.

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**CLIENT DEMOGRAPHICS**

- 9 new clients were served
- October through November 2005

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<tr>
<td>East Europe</td>
<td>0 Males</td>
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Receive The Survivor in Digital Form

SURVIVORS is planning to launch an e-newsletter in 2006. Please send your name and e-mail address to Anu at avenkateswaran@motorture.org if you would like to subscribe. Your e-mail address will be used for this purpose alone and will not be given to anyone else.

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**Three Ways to Help Continue the Work of SURVIVORS**

- **Prepare a Will:** Ninety percent of people die without leaving instructions for how to dispose of their assets.
- **Establish a Bequest:** SURVIVORS and other organizations that make a difference to you. This is a great way to leave a sizable gift without obligating assets during your lifetime.
- **Let SURVIVORS Know of Your Intentions:** Your information is very helpful to us as we plan for the future. Also, we'd like the opportunity to thank you.
Thank You to All of Our Community Supporters
October 1 through December 31, 2005

We are grateful to the following individuals and companies for your generous support. Your donations of time and in-kind goods and services help SURVIVORS' programs run smoothly.

Companies and Organizations
Asian Pacific Island Social Work Assocation
Broadpath Studio
City Heights Wellness Center
D’Lish Gourmet - San Diego
Einstein Bros. Bagels - Mission Valley
Family Health Centers of San Diego
Girl Scout Troop 6121
Glenn E. Murdock Elementary, La Mesa
Joan B. Kroc Institute for Peace & Justice at USD
Michael's Printing
Pacific College of Oriental Medicine
Presbyterian Crisis Center
Radiology Medical Group
Sala Thai Restaurant - San Diego
San Diego Union-Tribune Library
Shepherd of the Valley Lutheran Church - La Mesa
Souplantation - Point Loma
Third Avenue Charitable Organization (TACO)
Vine Ripe International Market

+ + + Individuals + + +

Karen Abuzahra
William Acoves
Joyce Anderson
Paul Anderson
Stephanie Andrews
Gale Barlow
Marika Bastrmajian
Dory Beatrice
Dorothy Berger
Mark Berger
Madeline Botz
Rossana Burgess
Jorge Cabrera
Candace M. Carroll
Ariel Cohen
Liz Confalone
Maryann Dean
Miguel Martin
Del Bene
Ann Durham
Christie Edwards
Jessica Enriquez
Maricar Enriquez
Chuck Ertl
Jeannie Ertl
Amelia Francis
Con Harris
Jay Hays
Carol Holler
Kate Jamison
Gina Lleva
Kwok Lo
Sylvia Lo
Nicanor Maduenu
Sara Maltzman
Miquel Martin
Rachel Minter
Brad Monroe
Theresa Botz
Monroe
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Emi Nishiura

Nancy Norcross
Barbara Norton
Mahmoud Nubani
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Amy Okamura
Melvin Okamura
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Robinson
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Julie Seely
Melissa Shane
Duncan Smith
Joni Sorenson
Ellen Speet
Dawn Stary
Sandra Taddei
Jeryl Tech
Rayana Thomas
Jordi Torzow
Gina Truong
Randy Van Vleck
Cheryl Walczak
Donna Warlick
Linda Wu

We apologize for any errors or omissions and extend our gratitude for support that may not have been recognized.

Randy Van Vleck, Jeryl Tech, Nicanor Maduenu at our quarterly newsletter folding party
SURVIVORS’ Financial Supporters
January 1, 2005 - December 31, 2005
Healing broken hearts and restoring the spirits of torture survivors in San Diego County is accomplished with the help of our financial supporters. With you, the survivors are able to rebuild their lives. We are grateful.

Foundations, Corporations, and Organizations
American Association of University Women – San Diego Branch
Amnesty International Group #597
Casa Cornelia Legal Center
Change a Life Foundation
C.M. Concrete, Inc.
Grossmont Healthcare District
Las Patronas
Miner & Markee, LLP
Our Savior’s Evangelical Lutheran Church Trust Fund – San Diego
Pioneers of San Diego Lion’s Club & Lion’s Optometric Vision Center
Presbyterian Women of First Presbyterian Church – Oceanside
Presbyterian of the Pacific – School of International Studies
United Nations Voluntary Fund for Victims of Torture
Women of the Evangelical Lutheran Church

Sisters of the Holy Jesus
Starbucks Coffee Company – Store #511
The California Endowment
The Unitarian Universalist Fellowship of San Diego
Thrift Financial for Lutherans – Central San Diego and South Bay Chapters
Torrey Pines Christian Church – La Jolla
University of the Pacific – School of International Studies
Women of the Evangelical Lutheran Church

++ + + + + + Individual Contributors + + + + + + + +

Geri Engelke
David W. Engstrom
George & Lee Engstrom
Susan B. Engstrom
George & Ethel Falk
Thomas & Julie Falk
Cheryl Flowers
Kathryn Furst
Dennis Franks
Christina Glass Froehle
David Gangemi & Lindy Lamb
Virginia Gangemi
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Robert & Judith Gennett
Lauren & Doug Gibson
William Gilchrist
Jeanne A. Gittel
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Margaret R. Hollenbeck
Harold & Jean Holmberg
In honor of George & Ethel Falk
Robert & Irma Howarth
John Huber
Pamela Isaac & Dale Laney
Jody Jajak
James M. Jaramon
C.W. & Susan Jenkins
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Bruce Johnson & Nicole Candino
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Gladys Shanklin
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Martha Wescott
Michelle Wenzler
James & Jane Whitney
Heather Wiley
Robert & Linda Williams
THANK YOU!!
Support SURVIVORS by Shopping Online

You can support our services by shopping at www.iGive.com. Simply enter your e-mail address and other requested information, and be sure to enter Survivors of Torture, International as your selected charity. Registration is free, and you’ll support the critical humanitarian work of this organization.

Through iGive, big-name companies donate a percentage of your spending directly to SURVIVORS. For example, if you were to purchase a year’s subscription to People Magazine through Valuemags.com, SURVIVORS would receive $29.6.

Other participants include (but not limited to):
- 1-800-Flowers
- Adidas
- Barnes and Noble
- Blockbuster
- Coldwater Creek
- Hallmark
- JC Penney
- Lands’ End
- Wall Street Journal

All orders must be placed through www.iGive.com for SURVIVORS to receive the donation.

SURVIVORS of Torture . . .

. . . was incorporated in February 1997 in response to a need in our community to bring assistance to that segment of the population which struggles with the wounds of politically motivated torture.

Since then, SURVIVORS has engaged a caring network of professionals — board members, attorneys, therapists, physicians — and all of YOU in the community who give faithful support and encouragement in many ways.

We serve survivors who reside in the greater San Diego and Southern California area but are prepared to assist the legitimate needs of all survivors of politically motivated torture.

For information about SURVIVORS, or to participate in our mission — please visit our website: www.notorture.org — or contact us by e-mail at: survivors@notorture.org.